

Time to Sleep

From Teddy Jumps

When its time to sleep I tell my feet,
"Feet, you are tired",
When its time to sleep I tell my feet,
"Hey feet, go to sleep",
When its time to sleep I tell my legs,
"Legs, you are tired",
When its time to sleep I tell my legs,
"Hey legs, go to sleep".
Weary and tired,
Lazy and slow,
From the top of my head
To the tip of my toe.

When its time to sleep I tell my hands,
"Hands, you are tired",
When its time to sleep I tell my hands,
"Hey hands, go to sleep",
When its time to sleep I tell my arms,
"Arms, you are tired",
When its time to sleep I tell my arms,
"Hey arms, go to sleep".
Weary and tired,
Lazy and slow,
From the top of my head
To the tip of my toe.

When its time to sleep I tell my shoulders,
"Shoulders, you are tired",
When its time to sleep I tell my shoulders,
"Shoulders, go to sleep",
When its time to sleep I tell my body,
"Body, you are tired",
When its time to sleep I tell my body,
"Hey body, go to sleep".
Weary and tired,
Lazy and slow,
From the top of my head
To the tip of my toe.

When its time to sleep I tell my face,
"Face, you are tired",
When its time to sleep I tell my face,
"Face, go to sleep",
"Body, go to sleep",
"Shoulders, go to sleep",
"Arms, go to sleep",
"Hands, go to sleep",
"Legs, go to sleep",
"Feet, go to sleep".

By Janet Channon

© Kids Music Company 2005