

On The Spot

From Swing Thing

Clap up high then clap down low,
Wriggle your hips and touch your nose,
Pat your shoulder and pat your knee,
Shake your body anyway you please.

Marching, marching, to the beat,
Marching on the spot,
Jumping, jumping, jumping feet,
Jumping then you stop!

Clap up high then clap down low,
Wriggle your hips and touch your nose,
Pat your shoulder and pat your knee,
Shake your body anyway you please.

Hopping, hopping, to the beat,
Hopping on the spot,
Jogging, jogging, jogging feet,
Jogging then you stop!

Clap up high.....

Grooving, grooving, to the beat,
Grooving on the spot,
Sliding, sliding, sliding feet,
Sliding then you stop!

Clap up high.....

By Wendy Jensen