

Stretchy Lycra

From Pukeko Stomp

Fingers underneath the Lycra,
Fingers under, give a little shout, Hey!
Fingers underneath the Lycra,
Leaning in and leaning out.

Fingers bouncing on the Lycra,
Fingers bouncing, give a little shout, Hey!
Fingers bouncing on the Lycra,
Leaning in and leaning out.

Stretching, tugging, pulling Lycra,
Stretching, tugging, to and fro,
Stretching, tugging, pulling Lycra,
Stretching, tugging watch it grow.

Knees make mountains under Lycra...

Toes are wriggling under Lycra...

Stretching, tugging...

Side to side, we're pulling Lycra...

Up and down, we're waving Lycra...

Stretching, tugging...

By Janet Channon